



MOUNTAIN VOYAGE MOROCCO – EXPERT GUIDED SHORE EXCURSIONS IN MOROCCO
COOKING CLASS – LUNCH, AND HALF DAY TOUR OF CASABLANCA

Moroccan cuisine is reputed as one of the most sensual in the world. It appeals directly and unashamedly to the senses of smell, sight and taste in a very unique way of its own. As the country itself, and its culture, Moroccan cuisine offers an exciting combination of the most delicious Arabic, Berber, French, Jewish, and Spanish touches. The Moroccan-born writer Edmond Amran el Maleh described Moroccan cuisine as "*The perfumed soul of our culture*".



On arrival at the Port of Casablanca, which is located only a few minutes away from the city centre, you will be met by your expert guide and privately transferred in your air conditioned vehicle to the Market of Casablanca, where locals sell their home-grown goods or food, home-made according to traditional methods. You will learn on the spot how to choose the best products, by looking, feeling, smelling, and especially by tasting.... ! Citron confit, typical cakes, argan oil, and typically Moroccan spices will hold no secrets for you anymore.

Your cooking class will take place with a local family in Casablanca, or in the courtyard of a traditional Riad. Our Chef will teach you how to make some of the dishes that are central to Moroccan cuisine: tagines, couscous and b'stila, and a myriad of salads, breads, and desserts. You will learn about the different spices and key ingredients which give authentic Moroccan cuisine its special flavour, and then you'll enjoy the results of your hard work, eating the meal that you yourself have cooked.

After the cooking class, your guide will take you for half day excursion of Casablanca. Located on the Atlantic coast, and established as commercial centre by the French, Casablanca is currently the business centre of Morocco. Its architecture is a mixture of modern styles, art deco, and local tradition. Your highlights of Casablanca include a visit to the Central Market, the French-built Quartier Habous with its splendid examples of Art Deco, and the remarkable Mosque Hassan II, one of the only two mosques in Morocco which are open to non Muslims. Built by the late King Hassan II at the end of his 40-year reign, this astounding edifice is larger than Saint Peter's cathedral in Rome, and capable of holding 80,000 worshippers.

After the visit, you'll be taken back to your ship, in the late afternoon.